



**Leading with love,
starts from within.**

Heart-led teams & leaders.



Hello Emica,



As Loco Love continues to grow, the heart of the brand remains deeply human - conscious leadership, meaningful connection, and genuine care for the people behind the product, and the customers who receive it.

When I'm in Byron Bay in March, I'd love to offer a tailored, in-person workshop experience for Loco Love - designed to support leaders and teams to deepen their understanding of themselves, each other, and the diverse humans they connect with every day.

Using DISC Advanced profiling, these workshops create space for reflection, insight and practical conversation, helping teams to:

- Understand their own communication styles, needs and stress responses
- Appreciate and work more effectively with different personalities
- Strengthen collaboration, trust and empathy within the team
- Better understand customers and clients, and how they experience the brand
- Continue to lead, create and communicate from a place of love, clarity and intention

Bespoke workshops



Workshop options could include:

- **Leadership with Heart:** supporting leaders to lead consciously, communicate with compassion, and navigate growth with clarity
- **Deepening Team Connection:** helping teams understand each other's differences, strengths and rhythms

Each workshop is practical, grounded and intentionally designed to feel aligned with Loco Love - warm, thoughtful, nourishing and real. This isn't "corporate training", but a meaningful pause to reconnect with purpose, people and presence.

I'd love to co-create something that feels true to Loco Love and supports your people to continue doing what they do best - creating magic, leading with love, and making a genuine impact.



Leadership with Heart - 2 day leadership intensive

For:

Aspiring or frontline leaders at Loco Love who want to lead consciously, communicate with compassion, and support people through growth and change — while staying deeply aligned to the brand's values.

Includes:

- DISC ADVANCED® Leadership Assessment (individual profiles for each leader)
- 2 days of in-person facilitation
- Beautifully designed course materials
- 45-minute 1:1 coaching call with each participant (post-workshop integration)

Core Modules

- Understanding Self: Exploring conscious and unconscious behaviours, leadership instincts, stress responses and strengths — building self-awareness as the foundation of heart-led leadership.
- Understanding Others: Using DISC ADVANCED® to understand different personalities, motivations and needs — leading people with empathy, clarity and intention.

Optional Modules (select 4 to suit Loco Love's priorities)

- Honest, Heart-Led Conversations
- The 5 C's of Conscious Leadership
- Managing Performance with Compassion
- Communicating with Clarity and Confidence
- Giving and Receiving Feedback with Care
- Building Mental Fitness & Emotional Resilience

Investment: \$7,500 per program (up to 12 participants)

DISC ADVANCED® Leadership Assessment \$255 per person (GST-free)



Deepening Team Connection - 1 day team workshop

For:

Any Loco Love team wanting to deepen connection, strengthen collaboration, and better understand each other — and the customers they lovingly serve.

Includes:

- DISC ADVANCED® Standard or Sales Profiling
- 1 day of in-person facilitation
- All course materials and team insights

Core Modules

- Understanding Self: Helping each team member understand their natural communication style, energy, strengths and needs at work.
- Understanding Others: Using DISC ADVANCED® to appreciate differences, reduce friction, and work together more effectively — with greater trust and respect.

Optional Modules (select 2)

- Our Core Values in Action
- Honest Conversations & Healthy Communication
- Agreed Team Behaviours & Ways of Working
- Understanding Your Customers (DISC ADVANCED® Sales lens)

This workshop creates shared language, deeper empathy, and practical tools teams can use immediately — supporting connection from the inside out.

Investment:

\$4,700 per session (up to 12 participants)

DISC ADVANCED® Profiling \$200 per person (GST-free)



Don't just take my word for it



“The investment spent with Julz is worth its weight in gold. Our team is **more connected, understanding of each other**, willing to work with each other, have the harder conversations (kindly), and are all round more cohesive and **empowered** since our session. Managing people is hard and doesn't come naturally to most. Julz' makes it feel comfortable, doable, and empowers our team with tangible, realistic, real-life and everyday lessons. Julz' expertise is obvious. She is approachable, warm, engaging, and time spent in her workshops are interactive and motivating.”





**Loco Love + Hello
People Co = Let's
make magic
together**

X *Julz*



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